NORDIC PROSTATE CANCER STUDY TOUR **ADVANCING CLINICAL PRACTICE** SAN RAFFAELE, MILAN OCTOBER 6-7, 2025

Take part in a focused, high-level academic tour for Nordic prostate cancer specialists, hosted at one of Italy's leading clinical and research centers – San Raffaele Hospital in Milan. In collaboration with Professors Francesco Montorsi, Alberto Briganti, and Dr. Giorgio Gandaglia, this immersive 2-day program will explore the latest in diagnostics, treatment strategies, and ongoing research in prostate cancer.

TOPICS:

Diagnosis, treatment, staging, recurrence and advanced disease in prostate cancer including new imaging, biomarkers, surgery, radiotherapy, ARPIs, and ongoing research

PARTICIPANTS:

Senior oncologists and urologists from the Nordics

DESTINATION: San Raffaele Hospital, Milan

DATE: 6-7 October 2025

AN INCLUSIVE EXPERIENCE:

- > Full academic program
- > Airfare
- > 4-star accommodation
- > Networking dinner

LEARN MORE

and see the full program at GesundheitTravel.com



CCIN



PRELIMINARY PROGRAM

DAY 1 MONDAY, OCTOBER 6 14:00 - 17:30

Lectures and Multidisciplinary Clinical Case Discussions

Welcome and introduction: Local Faculty (Prof. Montorsi, Prof. Briganti, Prof. Salonia)

Session 1 Diagnosis of Prostate Cancer

- · MRI: multiparametric, biparametric and the role of AI Prof. De Cobelli
- · PSMA PET/MRI in PCa diagnosis Prof. Chiti
- · Novel Serum Biomarkers Dr. Stabile
- · Tissue-based biomarkers Prof. Colecchia

Session 2 Treatment of Localized Prostate Cancer

- · Active Surveillance Dr. Gandaglia
- · Radical Prostatectomy Prof. Briganti
- · Radiotherapy Dr. Cozzarini
- · Multidisciplinary Discussion: Interactive Clinical Case Discussion including host faculty

Session 3 Lymph Node Staging in Prostate Cancer

- · PET PSMA Prof. Chiti
- · Conventional imaging: update on NODE-RADS Dr. Brembilla
- Multivariable Models Prof. Briganti
- · Novel surgical approaches and intraoperative guidance for lymph node dissection Dr. Gandaglia
- · Multidisciplinary Discussion: Interactive Clinical Case Discussion including host faculty





PRELIMINARY PROGRAM

DAY 2 TUESDAY, OCTOBER 7 08:00 - 12:30

Advanced topics and research update

Session 4 Ongoing Studies at San Raffaele Hospital

- · Ongoing Studies in Oncological Urology Prof. Briganti & Team
- · Ongoing Studies in Urological Oncology Prof. Necchi & Team
- · Ongoing Studies in Nuclear Medicine Prof. Chiti & Team

Session 5 Biochemical Recurrence after Primary Treatment

- · The role of imaging at the time of BCR: who, when and how Prof. Chiti
- · Adjuvant and Salvage Radiotherapy Approaches Dr. Cozzarini
- · When should we consider concomitant ADT? Dr. Gandaglia
- $\cdot\,$ Role of ARPIs at the time of BCR Dr. Maiorano
- $\cdot\,$ Treating the visible disease salvage surgery and SBRT Prof. Briganti
- · Multidisciplinary Discussion: Interactive Clinical Case Discussion including host faculty

Session 6 Treatment of Metastatic Prostate Cancer

- · Radiotherapy Approaches Dr. Cozzarini
- · Role of ARPIs in Metastatic Disease: An oncologist-perspective Dr. Maiorano
- · Role of ARPIs in Metastatic Disease: An urologist-perspective Dr. Cucchiara
- · Triplet therapy in mHSPC Prof. Necchi
- · Multidisciplinary Discussion: Interactive Clinical Case Discussion including host faculty

Closing Remarks & End of Program



Some agenda items may change.



OUR FACULTY

The clinical immersion program has been planned by Gesundheit Medical Travel in collaboration with our faculty of Nordic experts.



Anders Bjartell MD, PhD, FEBU, Professor in Urology

Dept of Translational Medicine, Medical Faculty, Lund University Senior Consultant, Dept of Urology, Skåne University Hospital



Jan Oldenburg MD, PhD

Professor at the Medical Faculty of the University of Oslo and Senior Consultant at the Department of Oncology, Akershus University Hospital (Ahus)



Michael Borre Chief physician, professor, MD, PhD.

Senior consultant and Professor at Department of Urology, Aarhus University Hospital



Gedske Daugaard MD, Dr. med., Professor in Clinical Oncology

Department of Oncology, Center for Cancer and Organ Diseases, Rigshospitalet, Faculty of Health and Medical Sciences, University of Copenhagen



Antti Rannikko MD, PhD, FEBU

Chief of Department at HUS Helsinki University Hospital, Department of Urology and Professor of Urology at the University of Helsinki, Finland

ABOUT GESUNDHEIT MEDICAL TRAVEL

GESUNDHEIT MEDICAL TRAVEL organises educational trips that go beyond conventional conferences. Our journeys provide a unique blend of medical insights, collaborative networking opportunities, and a supportive community atmosphere.

